



REMIT

Remission Evaluation of a Metabolic Intervention in Type 2 Diabetes

The University of Calgary Clinical Trials Unit, at The Diabetes Hypertension and Cholesterol Center, is currently seeking individuals with Type 2 Diabetes to participate in a clinical trial. This trial is researching the effectiveness of a new approach to diabetes treatment, with the intention of inducing a remission of diabetes.

The study involves 12 weeks of intensive lifestyle interventions, oral and injectable diabetes medications. After 12 weeks patients then discontinue medications, and are followed by the clinic staff for up to 64 weeks. Patients should be willing to increase physical activity, follow dietary recommendations, and adhere to medication schedules.

INCLUSION CRITERIA:

- Age 30-80 years
- Type 2 Diabetes diagnosis within 5 years
- A1C less than 9.5% on up to two diabetes medications
- Willingness to attend clinic visits and follow recommendations

To participate or for more information, please contact:

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This study has been approved by the University of Calgary Conjoint Health Research Ethics Board
(REB17-0202)



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