List of Common South Asian Foods

South Asian Snacks

Samosa
Pakora
Aloo Tikki
Kachori/Kachodi
Pani Puri/Golgappa
Bhel Puri
Pav Bhaji
Chaat
Bhujia/Sevda
Papad/Papadum
Namkeen (Broad term)
Cake Rusk
South Asian Grains and Carbohydrates

Roti/Chapati

Maki ki Roti

Rice

Khichri/Khichdi

Paratha/Prantha

Puri

Dosa

Idli

Upma/Uppuma

Dhokla

Naan
South Asian Proteins

Daal

Rajma

Chana/ Cholay

Paneer

Curry Chicken/ Butter Chicken

Fish Pakora

Tandoori Chicken
South Asian Dairy and Vegetable Side Dishes

Dahi/ Raita  Baingan Bharta  Karela (Stir Fried)

Karela (Stuffed)  Aloo Gobi  Aloo Matar

Bhindi  Saag  Kadhi

Sambar
South Asian Desserts

Gulab Jamun

Burfi

Kheer

Gajrela/ Gajar ka halva

Jalebi/ Jilebi

Ladoo

Besan

Rasgulla

Gurh/ Gud/ Jaggery

South Asian Beverages

Chai

Lassi

Lychee or Mango Juice
South Asian Mouth Fresheners

Meethi Saunf/Candied Fennel

Saunf/Fennel

Paan/Stuffed Beetle Leaf