



**Alberta Health
Services**

Certificate of Participation

Thank you for your participation in the:

*Advanced Diabetes Workshop
for Healthcare Professionals (4.5 hrs)*

*offered by the
Endocrinology and Metabolism Program,
Calgary zone of Alberta Health Services
April 27, 2022*

*As presented by: Dr. J. McKeen (Medical Director),
B. Madrick, D. Dyjur, S. DeRoo (Education Consultants)*

Diabetes Centre Calgary, Endocrinology & Metabolism Program
Alberta Health Services, Calgary zone

BASIC DIABETES WORKSHOP FOR HEALTHCARE PROFESSIONALS

Dr. Julie McKeen, Diabetes Centre Calgary Medical Director
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Endocrinology and Metabolism Program, Calgary Zone,
Alberta Health Services

Zoom Video Conference Session. 0800-1230 (4.5 hours)

AGENDA

WELCOME

PATHOPHYSIOLOGY, DIAGNOSIS AND TREATMENT OVERVIEW

AGENDA-SETTING WITH CLIENTS

ASSESS & DETERMINE

GLYCEMIC TARGETS, CONTROL & PRIORITIES
ASSESS AND DETERMINE COMPLICATIONS

ADVISE AND ASSIST

CLIENT CENTERED COUNSELING
DIABETES MEDICATIONS
SELF BLOOD GLUCOSE MONITORING - SBGM
OVERVIEW OF LIFESTYLE MANAGEMENT OPTIONS
NUTRITION
PHYSICAL ACTIVITY
PSYCHOSOCIAL FACTORS INCLUDING STRESS MANAGEMENT

AGREE ON GOALS

ARRANGE FOLLOW-UP

PUTTING IT ALL TOGETHER