

BASIC DIABETES WORKSHOP FOR HEALTHCARE PROFESSIONALS

Dr. Julie McKeen, Diabetes Centre Calgary Medical Director
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Endocrinology and Metabolism Program, Calgary Zone,
Alberta Health Services

Richmond Rd Diagnostic and Treatment Centre, Solarium 0800-4:15
The day will include breaks for morning, afternoon and lunch (30-45 minutes)

AGENDA

WELCOME

PATHOPHYSIOLOGY, DIAGNOSIS AND TREATMENT OVERVIEW

AGENDA-SETTING WITH CLIENTS

ASSESS & DETERMINE

GLYCEMIC TARGETS, CONTROL & PRIORITIES
ASSESS AND DETERMINE COMPLICATIONS

ADVISE AND ASSIST

CLIENT CENTERED COUNSELING
DIABETES MEDICATIONS
SELF BLOOD GLUCOSE MONITORING - SBGM
OVERVIEW OF LIFESTYLE MANAGEMENT OPTIONS
NUTRITION
PHYSICAL ACTIVITY
PSYCHOSOCIAL FACTORS INCLUDING STRESS MANAGEMENT

AGREE ON GOALS

ARRANGE FOLLOW-UP

PUTTING IT ALL TOGETHER

INTERMEDIATE DIABETES WORKSHOP FOR HEALTHCARE PROFESSIONALS

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AGENDA

WELCOME

DETERMINGING SECOND AND THIRD LINE AGENTS

ADJUSTING ANTI-HYPERGLYCEMIC AGENTS OTHER THAN INSULIN

INJECTING DIABETES MEDICATIONS (INSULIN AND GLP-1 AGONIST PENS)

STARTING BASAL INSULIN (WHY, WHEN, FORMULAS, CASES)

ADJUSTING BASAL INSULINS WITH AGENTS OTHER THAN INSULIN (CASES, SCENARIOS)

ADVANCED DIABETES WORKSHOP FOR HEALTHCARE PROFESSIONALS

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ADVANCED PRIMER QUIZ

THE THEORY BEHIND BASAL, BOLUS INSULIN THERAPY

BOLUS AND BASAL INSULIN FORMULAS AND CASES
BASAL AND BOLUS STARTING DOSES
ISF CREATION AND USE

CARBOHYDRATE MANAGEMENT AND ICR CREATION

COMPLEX INSULIN ADJUSTMENTS

ADJUSTING INSULIN FOR TRAVEL