Insulin Mentor™ Functionality Activation on the Patient's Mobile Device

Healthcare professionals who do not use the OneTouch Reveal® web application also have the ability to activate the Insulin Mentor™ functionality for a patient in the OneTouch Reveal® app on the patient's mobile device using the steps below.

You will need an activation code that will be provided to you by your OneTouch® representative. As part of setting up the patient's Insulin Mentor™ functionality Settings, you can give them the ability to change their own settings. You will also need the activation code if you do not give the patient the ability to change their own settings, or if you or the patient deactivate the Insulin Mentor™ functionality.

To set up a patient's Insulin Mentor™ functionality on their mobile device:

1. Launch the OneTouch Reveal® app.
2. From the **Timeline**, tap the **More** menu in the top-right corner of the screen.
3. Tap **My Settings**.
4. On the **System Settings** tab of the **My Settings** screen, scroll down to **Insulin Mentor™**.
5. To activate the Insulin Mentor™ functionality for the patient, tap the switch.
6. Enter the activation code provided to you by your OneTouch® representative on the **Enter Code** screen.
7. Check the box to confirm that the patient has the required knowledge to count carbs and calculate an insulin bolus, and that you have discussed with the patient when it is appropriate for the patient to adjust the settings of the Insulin Mentor™ functionality.
8. Tap **Set Up**.
9. Set the **Insulin-to-Carb Ratio**. An Insulin-to-Carb Ratio of **1:10** means that one unit of insulin would cover 10 grams of carbohydrates. The minimum **Insulin-to-Carb Ratio** is 1:1; the maximum is 1:100. You can set a single Insulin-to-Carb Ratio for a 24-hour period, or you can click the plus (+) icon and set up to 12 different time periods with different Insulin-to-Carb Ratios for different times throughout the day.
10. Choose the **Correction Factor** that you want the patient to adhere to as **1:x mmol/L**. The minimum **Correction Factor** ratio you can set is 1:1 mmol/L; the maximum ratio is 1:11 mmol/L. You can set a single **Correction Factor** for a 24-hour period, or you can click the plus (+) icon and set up to 12 different time periods with different Correction Factors for different times throughout the day.
11. The **Target BG** is the blood-glucose level that you want the patient to reach after administering a bolus dose of insulin. If you set your patient's **Target BG** to be **6.5 mmol/L** with a deviation (**+/−**) of **1.0 mmol/L**, then the Insulin Mentor™ functionality will only calculate a negative or positive BG correction if the patient's BG reading is less than 5.5 mmol/L or higher than 7.5 mmol/L, respectively. You can set a single **Target BG** and deviation for a 24-hour period, or you can click the plus (+) icon and set up to 12 different time periods with different **Target BG** values and deviations for different times throughout the day.
12. Pick an **Active Insulin Duration** by tapping **hours** and selecting a value from the menu. Options range from **2.0** hours to **6.5** hours in half-hour increments.
13. Choose a **Maximum Single Dose Limit** by tapping **units (u)**. This is the maximum bolus dosage you want the patient administering at one time. The minimum value is 1 unit; the maximum value is 150 units.
14. Select a **Dosage Increment** by tapping **units (u)** to pick a **Dosage Increment** that the patient's Insulin Mentor™ functionality will use: choose half units (**0.5**) or whole units (**1.0**) from the menu.
15. Choose a value for the **Insulin Concentration** by tapping the field next to it. The options are:

    - **Regular (U100)**
    - **U100 (Rapid-acting)**
    - **U200 (Rapid-acting)**

16. The **Allow Patient Editing** switch permits the patient to change their Insulin Mentor™ functionality Settings. Tap the switch so that it is green and to the right to allow a patient to edit their own settings.
17. When you have completed the patient's Insulin Mentor™ functionality Settings, tap **Activate** in the top-right corner of the screen.

If there is ever a need to change any of the patient's Insulin Mentor™ functionality settings, you can do so by returning to the **System Settings** tab of the **My Settings** screen and tapping **Insulin Mentor™**.