

# Sharing Blood Glucose Reports with your Healthcare Professional

With the CONTOUR®NEXT ONE and CONTOUR®DIABETES app and meter system, you have the ability to send your results to your Healthcare Professional in advance or share it on the day of your appointment.

**1** From My Readings, tap the **Main Menu** icon.

**2** From the Main Menu, tap on **My Care**.

**3** Then tap on **Reports**.

**4** Select: **Blood Sugar Diary (PDF)**  
Your Healthcare Professional may also ask you to provide one of the other reports available.

**5** Tap on **Full name of patient** and type your name.  
Select the timeframe recommended by your Healthcare Professional and tap **View Diary**.

**6** The report will be displayed on your mobile device. To share it with your Healthcare Professional, tap the **Share** icon.

Please e-mail it to:

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If you require assistance, please contact the Ascensia Diabetes Care Customer Support Team at 1-800-268-7200 from 9:00 a.m. to 9:00 p.m. EST, Monday to Saturday.

To learn more about your CONTOUR®NEXT ONE meter and the CONTOUR®DIABETES app, go to [contournextone.ca](http://contournextone.ca)