

**Sherri DeRoo**

---

**From:** Calgary DES <cdacalgarydes@gmail.com>  
**Sent:** Thursday, April 7, 2022 8:37 PM  
**To:** Sherri DeRoo  
**Subject:** April Newsletter

Caution - This email came from an external address and may contain unsafe content. Ensure you trust this sender before opening attachments or clicking any links in this message

---

# Calgary Chapter April Newsletter



# Message from the co-chairs

Dear fellow members,

Spring is here. It is a time for new beginnings. New opportunities. New life. Your Calgary Chapter executive team are hard at work planning our first live event since COVID! We are keeping our fingers crossed that we will be able to you all in person soon. It's time to get re-acquainted, take in more diabetes updates and learn from one another.

We hope you embrace everything spring has to offer. Take care and stay safe!

Ruchi Chopra

Josie Santiagué

Karen Bautista



# Call for Volunteers!

The **25th annual** Diabetes Canada conference will be in Calgary this November and we are looking for volunteers! We will have more details on commitment expectations, training dates and tokens of thanks in the May newsletter, but in the mean time if you are interested in volunteering opportunities November 9-12, 2022 please contact Dr. Fauzia Moyeen at [drfauziamoyeen@gmail.com](mailto:drfauziamoyeen@gmail.com).

# Survey time!

We'd love your feedback on our newsletter format, content, and what you'd like your executive to work on this year! We appreciate and thank you for taking the time to answer a few quick questions!



[Share Your Thoughts](#)



# Learning Opportunities

See the following education opportunities for health care providers:

DIABETES DIGITAL  22 MINUTE TAKEAWAY

Episode 5: April 12, 2022, 7:30pm ET

**Emerging Treatment Paradigms for Diabetic Kidney Disease**

 Guest Speaker:  
**Dr. Alex Abitbol**  
MD, FRCPC





## UPCOMING Interactive Learning Experience

TUESDAY, APRIL 19<sup>TH</sup> 6:00 PM-7:00 PM ET

### Capillary Blood Glucose Monitoring: Where the Rubber Hits the Road for T2D

#### Speakers



Michael Vallis, PhD, RPsych



Nermin Ibrahim, NP, MN, CDE, CPT

**Program:** 45 minutes + Q&A

**Description:** Diabetes Canada (DC) recently updated its Clinical Practice Guidelines (CPG) regarding the role of blood glucose monitoring. Capillary Blood Glucose monitoring (CBG) can benefit PwDs only if the information is of interest to the person and if the results are used to influence behaviour. The purpose of this workshop is to facilitate diabetes outcomes by promoting CBG within a behavioural change format.

To register, scan QR code or visit  
[www.LifeScanDiabetesInstitute.com](http://www.LifeScanDiabetesInstitute.com)



**Question:** Which chronic disease is one of the fastest rising in the developed world, is a major cause of all-cause and cardiovascular disease (CVD) mortality, and yet tends to be poorly recognized and is often diagnosed relatively late in the course of disease?

**Answer:** Diabetic kidney disease (DKD).



## Patient learning opportunities

Share the following opportunities with your patients as appropriate:



New to the  
FreeStyle Libre  
family of products?



# GETTING STARTED

WITHOUT LANCETS\*

Your healthcare professional invites you to attend the **Getting Started** program—a **free, live, online education session** designed to introduce you to the **FreeStyle Libre** or **FreeStyle Libre 2** system.

**WHY PRICK, WHEN YOU CAN SCAN?†**



When you register for **Getting Started**, you can request to have a **FREE trial kit** shipped to your home before the event!‡

Sign up at  
**RegisterGettingStarted.com**  
or scan this QR code



\* Scanning the sensor does not require lancets.

† *FreeStyle Libre*: A finger prick test using a blood glucose meter is required during times of rapidly changing glucose levels when interstitial fluid glucose levels may not accurately reflect blood glucose levels or if hypoglycemia or impending hypoglycemia is reported by the system or when symptoms do not match the system readings. *FreeStyle Libre 2*: Finger pricks are required if readings do not match symptoms or expectations.

‡ *FreeStyle Libre*: Trial kits are available for eligible patients who meet the labelling requirements of 18 years or older with diabetes mellitus. Limit of one trial kit per registrant. *FreeStyle Libre 2*: Trial kits are available for eligible patients who meet the labelling requirements of 4 years or older with diabetes mellitus. Limit of one trial kit per registrant.



New to the  
FreeStyle Libre  
family of products?



# GETTING STARTED

WITHOUT LANCETS\*

Your healthcare professional invites you to attend the **Getting Started** program—a **free, live, online education session** designed to introduce you to the **FreeStyle Libre** or **FreeStyle Libre 2** system.

**WHY PRICK, WHEN YOU CAN SCAN?†**



When you register for **Getting Started**, you can request to have a **FREE trial kit** shipped to your home before the event!‡

Sign up at  
**RegisterGettingStarted.com**  
or scan this QR code



\* Scanning the sensor does not require lancets.

† *FreeStyle Libre*: A finger prick test using a blood glucose meter is required during times of rapidly changing glucose levels when interstitial fluid glucose levels may not accurately reflect blood glucose levels or if hypoglycemia or impending hypoglycemia is reported by the system or when symptoms do not match the system readings. *FreeStyle Libre 2*: Finger pricks are required if readings do not match symptoms or expectations.

‡ *FreeStyle Libre*: Trial kits are available for eligible patients who meet the labelling requirements of 18 years or older with diabetes mellitus. Limit of one trial kit per registrant. *FreeStyle Libre 2*: Trial kits are available for eligible patients who meet the labelling requirements of 4 years or older with diabetes mellitus. Limit of one trial kit per registrant.

[Unsubscribe](#)

This message was sent to [sherri.deroo@albertahealthservices.ca](mailto:sherri.deroo@albertahealthservices.ca) from [cdacalgarydes@gmail.com](mailto:cdacalgarydes@gmail.com)

Calgary DES  
Calgary Chapter DC



Calgary, AB  
Calgary, Alberta T3K0G7, Canada

---

