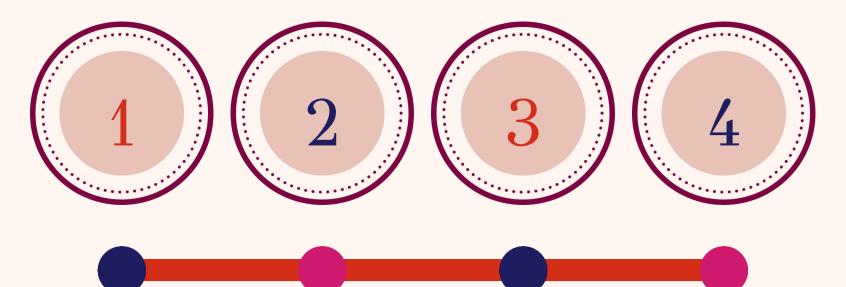
# Glargine U300 (Toujeo®)



## NIGHT BEFORE

Take your normal dose of glargine U300 the day before your flight.

# WHILE TRAVELING

Continue to take bolus doses with your meals. If you are having additional meals during the trip, take bolus insulin with these meals.

#### AROUND 24 HOURS LATER

Take your next dose of glargine U300 insulin between 21 and 27 hours after your last dose. Change the time on your watch to your destination's time zone.

## DURING YOUR TRIP

Continue taking your insulin at the same time as your previous dose.