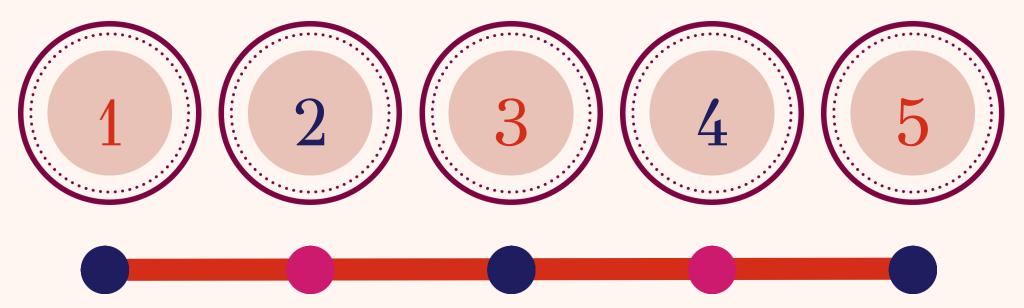
# Glargine U100 (Lantus® or Basaglar®)



## NIGHT BEFORE FLIGHT

Take your glargine dose at the normal time.

# WHILE TRAVELING

Continue to take bolus doses with your meals. If you are having additional meals during the extended day, take bolus insulin with these meals.

### 24 HOURS AFTER LAST GLARGINE DOSE

Take your next glargine dose.

### DURING YOUR TRIP

Keep taking glargine every 24 hours.

#### WHEN BACK HOME

Once back home, keep taking glargine at your usual time.