

List of Common South Asian Foods

South Asian Snacks

Samosa



Pakora



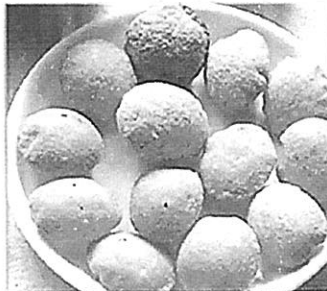
Aloo Tikki



Kachori/ Kachodi



Pani Puri/ Golgappa



Bhel Puri



Pav Bhaji



Chaat



Bhujia/ Sevia



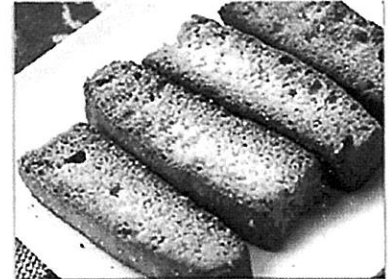
Papad/ Papadum



Namkeen (Broad term)



Cake Rusk



South Asian Grains and Carbohydrates

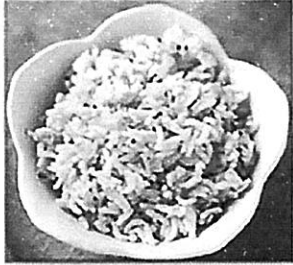
Roti/ Chapati



Maki ki Roti



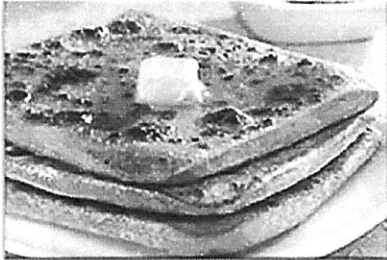
Rice



Khichri/ Khichdi



Paratha/ Prontha



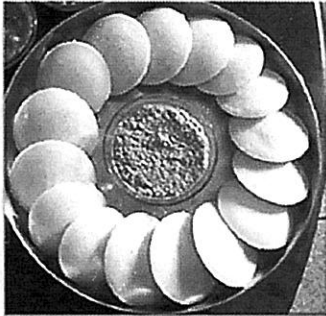
Puri



Dosa



Idli



Upma/ Uppuma



Dhokla

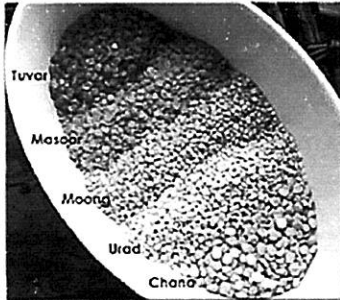


Naan



South Asian Proteins

Daal



Rajma



Chana/ Cholay



Paneer



Curry Chicken/ Butter Chicken



Fish Pakora



Tandoori Chicken



South Asian Dairy and Vegetable Side Dishes

Dahi/ Raita



Baingan Bharta



Karela (Stir Fried)



Karela (Stuffed)



Aloo Gobi



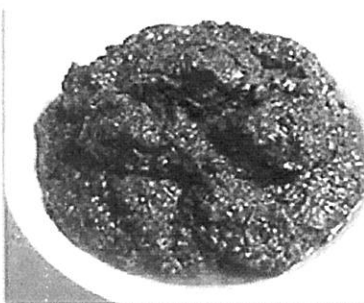
Aloo Matar



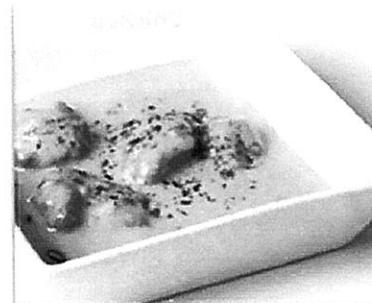
Bhindi



Saag



Kadhi

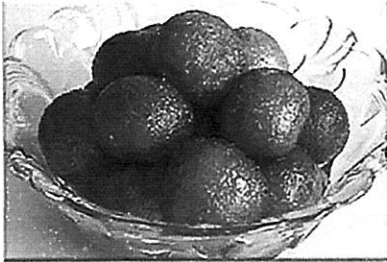


Sambar



South Asian Desserts

Gulab Jamun



Burfi



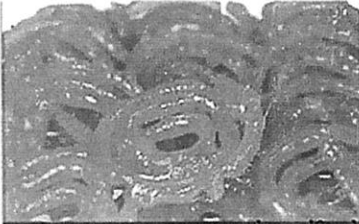
Kheer



Gajrela/ Gajar ka halva



Jalebi/ Jilebi



Ladoo



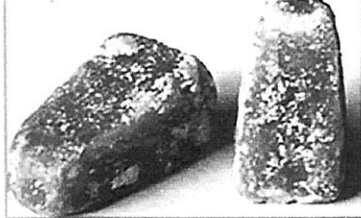
Besan



Rasgulla



Gurh/ Gud/ Jaggery



South Asian Beverages

Chai



Lassi



Lychee or Mango Juice



South Asian Mouth Fresheners

Meethi Saunf/Candied Fennel



Saunf/Fennel



Paan/Stuffed Beetle Leaf

