

# Inpatient Diabetes Nurse Navigator- Calgary Zone

## Background:

One in five adult patients admitted to an Alberta hospital has diabetes. The Diabetes Centre Calgary (DCC) has one staff member per day dedicated to inpatient diabetes education services, shared among four acute care sites. This educator is known as the Inpatient Diabetes Nurse Navigator and supports the learning needs of patients admitted to hospital with diabetic emergencies, as well as those of inpatient staff.

## Availability:

The Inpatient Diabetes Nurse Navigator is available daily, Monday-Friday. We are available to assist units remotely from any site.

## When to consult:

We will work with inpatient staff to find the most appropriate diabetes resource for the patient. If you are unsure of whether to refer your patient with type 1 or type 2 diabetes, please put in a consult and we will be happy to discuss options with you.

The Inpatient Diabetes Nurse Navigator can directly assist patients via phone or Zoom who meet the following criteria:

- New diagnosis of type 1 diabetes (also Type 3C, e.g. secondary to pancreatectomy)
- Hyperosmolar, Hyperglycemic State (HHS)
- Diabetic Ketoacidosis (DKA)
- Steroid induced hyperglycemia requiring insulin
- Hypoglycemia – Unable to self-treat
- Pregnant patient with diabetes (in collaboration with Diabetes in Pregnancy clinic)

## How to consult:

Enter a request, within Connect Care, for **Inpatient Consult to Diabetes Educator**. Please include the reason for referral. Once you have entered the consult, please feel free to page the Inpatient Diabetes Nurse Navigator as needed at:

- FMC: 5838
- RGH: 5834
- SHC: 4874
- PLC: 5839

## Teaching Resources:

On Insite, search 'diabetes' in the toolbox, then click on **Insulin Safety and Diabetes Management**. You can then click on 'Inpatient Unit Teaching Toolkit for Diabetes.'